

De Anza College; Winter 2023
Comm-16.01: Interpersonal Communication
Monday, 9:30a-11:20a, Room L45 + Online Asynchronous

Instructor:

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Office Hours – Zoom!:

Tuesday & Thursday 10:00a - 12:00p
drop in those times, or email for appointment any time

A note about contacting me: *Please do it!* You may email me at literally any time, and I will get back to you as soon as I can (within 24 hours Mon-Fri, within 48 hours Fri-Sun). I am available via e-mail or via Zoom during office hours to help you work through course material and assignments in any way I can. Please don't hesitate to ask any questions. ***Don't wait until the last minute!*** Check in with me early and often and I will assist you with the process. I never said it would be easy, but we can do it together.

A note about this quarter: teaching and learning in a pandemic – there is one principle that I want to state explicitly before we get too far into this course: De Anza College has been around for 50 years and will likely be around for 50 more. Your health and wellbeing – physical, mental, emotional, and spiritual – is always more important than your education plan, and this pandemic (and its residual fallout) should put those priorities in stark clarity. Please do not ever hurt yourself to “stay on track.” De Anza will be here next quarter, the quarter after that, etc. We are going to set a plan, take it day-by-day and week-by-week, and remain flexible and empathetic along the way. We're all going to the best we can (“best” being highly subjective to our context), but it's probably still not going to be great. We're in this together, we'll figure this out together, and we'll grow together. But the entire time, we will be empathetic and flexible.

All that being said, here's the plan for the quarter:

Class Meetings

This course will be a 50/50 Hybrid Course. For our purposes, that means we will meet on campus for a total of two hours per week, and at least three hours per week of coursework completed online via Canvas. We are in quite a transitional and transformative period in academia, and there is a lot of chaos in our educational system right now. We will all do our best to be flexible and empathetic as we navigate moving back into traditional education systems. We will have grace, flexibility, and empathy, but make no mistake: **you must show up to class – in both online and face-face formats – to be successful.** You gotta show up if you wanna get it done. Please see the De Anza webpage [Your Guide to the Quarter](https://www.deanza.edu/quarter-guide/) (https://www.deanza.edu/quarter-guide/) for more information.

- Masking will be optional but strongly encouraged at De Anza college in most indoor spaces this quarter, and i'll tell you right now: our classroom is quite small and 30 people will be a comfortable but close fit. Plan accordingly.
- De Anza College will mandate vaccines and boosters for all people who will be on campus.

Course Description

De Anza College Course Schedule: Study of interpersonal communication principles with an emphasis on developing the self-concept through listening, verbal and nonverbal communication, language, and cultural knowledge as a means of maintaining effective relationships in an increasingly diverse and interconnected global society.

Your Instructor: It is part of the human condition to be social creatures. Yet the complexities and implications of those social interactions go largely unnoticed or uninterrogated in our general society and culture. This course aims to investigate the complexities of interpersonal communication in myriad contexts, in a wide variety of nuanced relationships. We will explore the best practices for navigating complex social structures to achieve the best outcomes, as well as the theoretical implications our social interactions have on cocreating our identities, our relationships, and our social worlds.

Student Learning Outcomes for Interpersonal Communication

After completion of Comm-16, students will be able to:

1. Analyze and assess communication patterns and behaviors in Interpersonal relationships across various contexts (familial, personal, and professional).
2. Apply communication theories and concepts to improve communication effectiveness and relational satisfaction in interpersonal relationships.

Required Text/Materials

- Wood, J. (2020). *Interpersonal Communication: Everyday Encounters* (9th ed.). Boston, MA: Cengage. ISBN: 978-0357032947

- Wrench, J. S., Punranunt-Carter, N. M., Thweatt, K. S. (2020). *Interpersonal Communication: A Mindful Approach to Relationships*. Retrieved from <https://textbooks.opensuny.org/interpersonal-communication-a-mindful-approach-to-relationships/>. License: Attribution-NonCommercial-ShareAlike CC BY-NC-SA
 - This is a free, open access textbook. It will be linked in our Canvas course, no purchase necessary.

Course Requirements

<i>Assignment</i>	<i>Points Possible</i>	<i>Your Total</i>
Identity Self Disclosure & Conversation	40	_____
Reflection Papers (3 @ 20 points)	60	_____
Online Chapter Quizzes (6 @ 20 points)	120	_____
Online Discussion Boards (3 @ 20 points)	60	_____
Midterm Exam	50	_____
Dear De Anza Letters Project	65	_____
Final Media Analysis Paper	75	_____
Class Engagement	30	_____
Total	500	_____

Final Grading Scale

<i>Letter Grade</i>	<i>Percentage of Total Points</i>	<i>Total Point Range</i>
A	93-100	465-500
A-	90-92	450-464
B+	87-89	435-449
B	83-86	415-434
B-	80-82	400-414
C+	77-79	385-399
C	72-76	360-384
D+	67-71	335-359
D	63-66	315-334
D-	60-62	300-314
F	0-59	0-299

Brief Descriptions of Assignments & Speeches

(More detailed assignment sheets to be given as the due dates approach)

Identity Self-Disclosure & Conversation (40 points, 8%)

You will be required to do a brief show-and-tell type presentation to introduce yourself to the class. This assignment is about the nature of self-disclosure in terms of identity construction and community building.

Reflection Papers (60 points, 12%)

Periodically, you will be required to do a series of short (2-3 pages) written assignments, asking you to reflect on a number of key concepts regarding interpersonal communication and apply them to your *own life and lived experience*.

Online Chapter Quizzes (120 points, 24%)

Throughout the quarter you will be required to complete six (6) short quizzes that will test your knowledge of course content, including information from both required readings (whether or not they are discussed in class) and in-class lessons.

Online Discussion Boards (60 points, 12%)

Periodically, you will be required to engage in discussion with your peers via Canvas discussion boards. You will be provided with some type of prompt, reading, or video to respond to, and the expectation will be dialogue similar to what you would expect in a small group setting.

Mid-Term Exam (50 points, 10%)

Near the halfway mark of the quarter, you will be required to do a short exercise to test your knowledge of key concepts from the first half of the course.

Final Media Analysis Paper (75 points, 15%)

For this paper, you will be required to engage with a mediated representation of an interpersonal relationship, and use tools from the course to analyze the nature of the relationships – its formation, structure, dynamics, climate, conflicts, resolutions, and more!

Dear De Anza Letters Project (65 points, 13%)

For this quarter long project, we will be helping each other through our interpersonal struggles in the “Dear Abby” newspaper column format. Students will write anonymous letters to “Dear De Anza” chronicling a current interpersonal issue they are facing, and other students will give them advice utilizing specific course concepts.

Class Engagement (30 points, 6%)

In college, you as the student are ultimately responsible for your education – you must be diligent, proactive, and present to obtain your education. In a communication course, the classroom time and space is incredibly important, perhaps sacred - developing a community within the classroom is crucial to the success of this course. Your *class participation grade* is a measurement of your accomplishments in these areas. First, it is crucial that you are present (in mind and spirit) for yourself and your peers. Second, it is crucial that you engage with the material when not in class (including dialoguing with peers and professor outside of class meetings), so that you can effectively accomplish step one. I will determine your participation grade based on your consistent, active participation in class discussions and engagement in fellowship with your classmates. This will be measured by the quantity and quality of engagement in class meetings and discussion boards (audio, video, and written), and other similar Canvas activities. Basically, be an all-around supportive member of our classroom community and culture. See the “class etiquette” section below for more details.

- *Introductory Survey*: Complete a brief get-to-know-you survey at the beginning of class, just for me (the instructor). (5 pts)
- *Introduction Video Discussion Board*: Simple as that. Record a video introducing yourself to the class. 10 pts (and chat in the comments, 5 pts)
- *Class Contributions*: Our in-class time is going to be spent discussing our own experiences as they relate to course material, often in a “think-pair-share” format where students will first write their thoughts, share with one peer, share with a small group, then share with the whole class. See “class etiquette” section below for more information regarding expectations here. Participation in these activities can earn 10 points.

Extra Credit (0 points, 0 %)

Very rarely will extra credit be offered, but plenty of extra credit will be given... ^_(\`)/

Course Policies

Attendance & Coursework

This class is going to be a blend of synchronous classroom meetings and online coursework. Attendance for the synchronous meetings will be mandatory in so much as all things in college are mandatory; you will be expected to know and apply the content covered in discussions. Since most of the coursework will be online, the expectation regarding attendance and coursework will be measured with rhythmic regularity. I will expect every student to attend the face-to-face meeting each week and check in on Canvas exercises twice each week. There will always be flexibility if there is communication, so if you know you are going to be irregular with your course engagements, let me know! Missing the equivalent of 2 calendar weeks in class and on Canvas without notifying the instructor may result in being dropped from the course.

Assignments

All assignments will be submitted via Canvas. *I will not accept assignments via e-mail without prior discussion.* Assignments will be accepted late up until the time I have completed evaluations and returned all feedback to students (usually 7-10 days), or the end of the quarter, whichever comes first.

Class Etiquette

This class is based on active engagement with the subject matter; therefore, full class attendance, punctuality, and focus on course material are essential. I feel that class time is sacred. **Having enrolled in this class, you are making a commitment to yourself, your instructor, and your peers.** We will learn much from each other, so long as we are all present and contributing to the learning environment. Furthermore, *the audience is a crucial part of the public speaking process; show up for each other, support each other, and we'll grow together.* The Communication Studies Department expects all members of the class (teachers and students) to treat each other with respect in their communication practices. This includes: 1) coming to class on time ready to participate; 2) listening to others actively and dialogically; 3) staying focused on the material of the class; 4) not disrupting class; and 5) *engaging in genuine dialogue, even amidst differences of opinion.*

- *Keys to Class Etiquette*: it is part of the course curriculum to learn the practices of effective interpersonal interaction, and we will practice these skills during class discussions. But here are a couple of basic rules:
 - *You cannot not communicate: everything you do in class contributes positively or negatively to the class culture.*
 - *Listen first and listen to understand; we are all here for new ideas, so let's embrace them.*
 - *Contribute bravely but own our perspectives and our questions (the devil needs no advocates).*

Plagiarism & Academic Integrity

The Center for Academic Integrity defines academic integrity as a commitment, even in the face of adversity, to five fundamental values: honesty, trust, fairness, respect and responsibility. From these values flow principles of behavior that enable academic communities to translate ideals to action. The entire campus affirms the importance of academic integrity, fosters a “love of learning,” and holds each person responsible for defining and supporting academic integrity standards. In all phases of teaching and learning, the responsibility for fostering and maintaining campus-wide academic integrity must be shared by all.

If you were to ever consider breaking this code of academic integrity ... don't. If you are unclear about plagiarism, please see me. Plagiarism occurs when a student misrepresents the work of another as their own. Plagiarism may consist of using the ideas, sentences, paragraphs, or the whole text of another without appropriate acknowledgement, but it also includes employing or allowing another person to write or substantially alter work that a student then submits as their own. Any assignment found to be

plagiarized **will be given an “F” grade (zero points)**. All instances of plagiarism in the Communication Studies Department will be reported to the Division Dean and may be reported to the Vice President of Student Services for further action.

For Your Information & Consideration

***most of De Anza’s student services are working to assist you remotely. Nobody has ever succeeded in life or in college on their own, especially during times like these. You will have to ask for help, the trick is to know when and who to ask:*

Disabilities and Accommodations

College is supposed to be hard – if it was easy everyone would do it – however a disability should not be the barrier that makes college impossible. Students with disabilities who need reasonable accommodations are encouraged to contact the Disability Support Programs and Services. The mission of the Disability Support Programs and Services (DSPS) Division is to ensure access to the college's curriculum, facilities, and programs, and to promote student success in realizing individual educational and vocational goals. For more information, please visit Disability Support Programs & Services Division at RSS 141, or at the DSPS Website (<http://www.deanza.edu/dsp>)

Student Success Center

One potential challenge in college is the increased expectations of academic skills; everything comes up a notch. Need a hand? Student Success Center peer tutors can relate and are ready to help! Go to the SSC homepage (<https://www.deanza.edu/studentsuccess/>) and click on the yellow links for schedules and Zoom links. The SSC is ready to offer:

Individual Weekly or Drop-in Tutoring: Come with assignments or questions, or just drop by to see how tutoring works.

Workshops, group tutoring and group study: Most people learn better with others...give it a try! **Support for online learning:** Speak with a friendly peer tutor or SSC staff member about motivation and organization strategies for online classes. We get it and are going through the same things, so let’s support each other! **After-hours or weekend tutoring:** See the Online Tutoring (<https://www.deanza.edu/studentsuccess/onlinetutoring/>) page for information about **NetTutor** (via Canvas) or **Smarthinking** (via MyPortal).

Stress and Mental Health

Balancing the rigors of academia with the ever evolving and complex social world students find themselves in can be challenging and potentially dangerous. If you feel you are having particular difficulty meeting all of the demands of your new lifestyle, perceived or real, do not fret! You are not alone. From time to time, problems of everyday living can be resolved through talking with friends, family, or someone whom we trust to help us. However, there are times when seeking help outside of one’s familiar environment might be more helpful. Psychological Services is here to meet such needs. For more information, visit Psychological Services at RSS 127, or the Psych Services website (<https://www.deanza.edu/psychologicalservices/>)

Student disclosures of sexual violence

De Anza College is committed to fostering a campus free of sexual and gender-based violence including sexual harassment, domestic violence, dating violence, stalking, and/or any form of sex or gender discrimination. If you disclose a personal experience as a De Anza College student, the course instructor is required to notify the Vice President of Student Services. To disclose any such violence confidentially, contact: **Campus Police** 408.924.8000; **Health Services** 408.864.8732; **Psychological Services** 408.864.8732; or **Dean of Student Development** 408.864.8828.

LGBTQ+ Students

To maximize your success as a college student, it is crucial for all students to build upon strong foundations both in and out of the classroom. However, despite much recent legal, political, and social change, being of a minority gender or sexual identity can potentially create instability in these crucial foundations. If you are an LGBTQ+ student struggling with identity or finding community, please see the Women, Gender, and Sexuality Center in MLC-250 or online at the WGS Center Website (<https://www.deanza.edu/wgs-center/>)

Undocumented Students

Applying, transferring, registering, and paying for college can be a complex maze of forms and deadlines for any student, and this complexity is compounded for students with undocumented residency. Undocumented students have extra layers of regulatory complexity to navigate, in addition to the fear and uncertainty surrounding legal citizenship status. However, De Anza College, it’s staff and faculty, are steadfast in their commitment to supporting our undocumented students in our communities. If you are an undocumented student and seek knowledgeable, honest, and trustworthy assistance with financial aid programs such as AB540 and the California DREAM Act or have any other concerns about your citizenship or academic pathways, please reach out to HEFAS at the HEFAS website (<https://www.deanza.edu/hefas/>) for more information.

The Food Pantry

Living in the Bay Area & Silicon Valley is financially challenging, to put it lightly, and to try to attend school on top of that can be logistically impossible. It takes a certain level of financial stability to make it happen, which is a luxury we don’t all have. Also, college is hard enough as it is, and it is even harder if you are truly hungry. If you qualify for EFAP, De Anza College has an on-campus food pantry available to you to help ease the financial burden and the health burden to maximize your success in your collegiate journey. See the Food Pantry website (https://www.deanza.edu/outreach/food_pantry.html) for more information.

Course Calendar

*Subject to (and in all honestly, *likely to*) change at any time by the instructor. Changes will be communicated in class, online, and in writing. Please make sure you are checking your De Anza e-mails as well as Canvas for any communications.

**All readings should be *done before* class on the calendar date noted.

Winter 2023: Comm-16.01

Week	Date	Class Activity/Subject	Reading Due	Assignments
1	1/9 – 1/14	<i>Introductions, Syllabus, Ice Breaker</i> <i>A First Look at Interpersonal Communication – Definitions & Models, Principles, Competence & Ethics</i>	Ch. 1	1. Student Survey 2. Video Introductions 3.
2	1/17 – 1/21 Martin Luther King Jr. Holiday – Monday January 16th – Campus Closed, Classes Canceled	<i>A First Look at Interpersonal Communication – Competence & Ethics</i> <i>Communication and Personal Identity – Social Construction & the Self, Intersectionality, Performance.</i>	Pearce: Episodes & Patterns of Communication (Canvas) Ch. 2	1. Quiz #1 2. Discussion Board #1: Communication Ethics 3.
3	1/23 – 1/28	<i>Episodes & Meaning Making</i> <i>Perception & Stereotypes</i> <i>Perception & Communication – What is power? What is privilege? – Power, Privilege, Histories</i>	Ch. 3 Yep, McIntosh, & Crosley-Corcoran (Canvas)	1. Discussion Board #2: Social Media & Identity Construction 2.
4	1/30 – 2/4	<i>Mindful Listening – Listening as a process, Overcoming Listening Barriers, Listening as a Stance</i>	Ch. 6	1. Reflection Paper #1: Interpersonal Power 2. Quiz #2 3. Identity Self Disclosure & Conversation
5	2/6 – 2/11	<i>The world of Words – Semiotics, Layers of Meaning, Cultural Values & Power, Euphemisms, Cohort Effect, & Linguistic Relativism</i>	Ch. 4	1. Dear De Anza Post 2. Reflection Paper #2: Self Disclosure

Week	Date	Class Activity/Subject	Reading Due	Assignments
6	2/13 – 2/16 President's Day Holiday, Friday February 17 – Monday February 21; Campus Closed, Classes Canceled	<i>The World Beyond Words</i> – Nonverbal Communication – Nonverbal Codes & Power	Ch. 5	1. Quiz #3 2. Dear De Anza Advice #1
7	2/21 – 2/25 President's Day Holiday, Friday February 17 – Monday February 20; Campus Closed, Classes Canceled	<i>Emotions & Communication</i> – Understanding Emotions, Expressing Emotions	Ch. 7 Ch. 8	1. MIDTERM EXERCISE
8	2/28 – 3/4 <i>Friday, March 3rd: Last day to drop classes with a "W" grade</i>	MIDTERM REVIEW <i>Communication Climate & – Understanding the Climate, Dialectics</i>	Ch. 9	1. Quiz #4 2. Discussion Board #3: Communication Climate on Social Media
9	3/6 – 3/11	<i>Managing Conflict in Relationships</i> - Understanding Conflict, Navigating Conflict <i>The Dark Side of Interpersonal Relationships: The Red Flags</i>	Wrench, Punyanunt-Carter, & Thweatt, Ch. 14	1. Reflection Paper #3: Boundaries & Consent
10	3/13 – 3/18	<i>Friendships in Our Lives / Families</i> – Developing Friendships, Navigating Families	Ch. 10, Ch. 12	1. Quiz #5 2. Discussion Board #4: Swipe Left
11	3/20 – 3/25	<i>Committed Romantic Relationships</i> –The four "C" of relationships, the Monolith of Monogamy	Ch. 11	1. Dear De Anza Advice #2
Final Exam Week	3/27 – 3/31 Quarter is OVER Friday, 3/31, 11:59p	Final Exam Monday, March 27th 9:15a-11:15a		1. Quiz #6 Final Media Analysis Paper